Temporary Crown Care

While your impressions are being sent to the lab to create your final crown you will be wearing a temporary crown. This temporary crown is very important because it holds the space we have created for the final crown. If the temporary crown is out for more than a day the space begins to close, and that may increase the adjustments needed on the final crown.

It is very important to keep the temporary crown in place until your next appointment. This appointment will consist of replacing the temporary crown with the final crown. If the temporary becomes loose or comes off, please call the office to schedule a time to get the temporary placed back on as soon as possible.

Additional risks are involved if the temporary crown is missing for too long including the increased risk of infection and chipping or cracking of the tooth. If the tooth does in fact chip it may be necessary for it to then be extracted. If this is the case a dental implant may be the next best alternative.

TEMPORARY CROWN CARE INSTRUCTIONS:

- 1. You may not have any trouble with sensitivity, but commonly your gums are tender, and the tooth may be sensitive to hot or cold. (Every tooth is different!)
- 2. Be careful while drinking and eating at first to find out whether you will have any sensitivity problems.
- 3. After the procedure, before the anesthetic (numbness) wears off, take what you would normally take for a headache (Tylenol or Ibuprofen).
- 4. When brushing and flossing, be careful and do it very lightly. Thread the floss between the teeth and pull it out the side. It is critical during this temporary crown phase that you do not pop dental floss out from the top as this could dislodge the temporary crown.
- 5. DO NOT EAT ANYTHING HARD, STICKY, OR CHEWY. NO CHEWING GUM OR CANDY!

